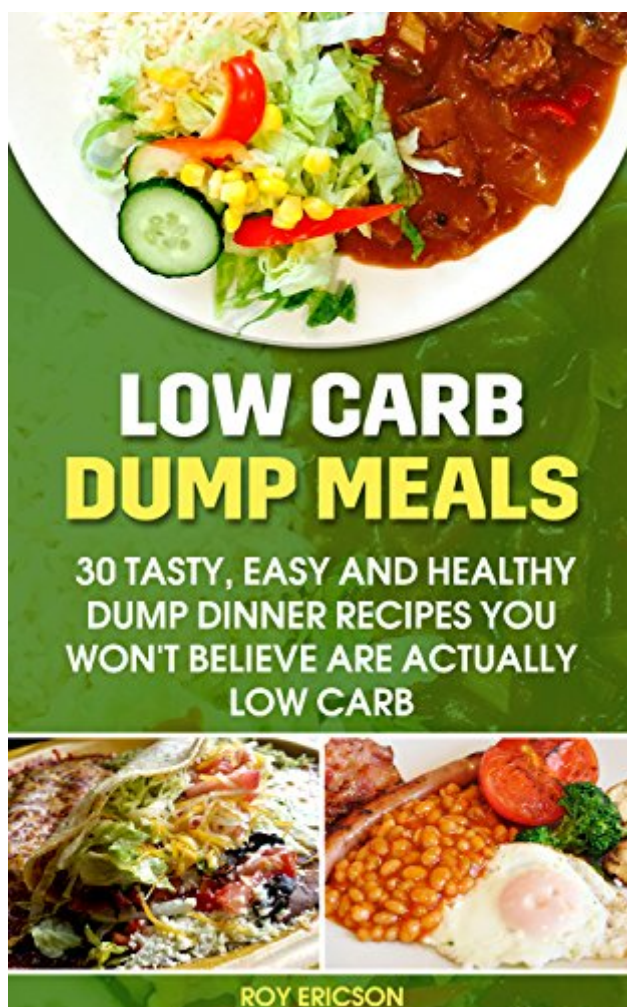


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File Size: 1449 KB

Print Length: 32 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 9, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01K5Z0NRY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #375,733 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #15

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I liked the new diet choices that used realistic ingredients locally available at reasonable prices.

Wish some suggestions for individuals with allergies to some common foods.

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